dattaatreya sahasranaama stotram

dattaatreyo mahaayogee yogeeshashcha amaraprabhum | munirdigambaro baalo maayaamukto madaapahah | 1 | | avadhooto mahaanaathah shankaro amaravallabhaha | mahaadevashcha aadidevah puraaNaprabhureeshvaraha || 2 || sattvakrut sattvabhrungaavah sattvaatmaa sattvasaagaraha sattvavit sattvasaakshee cha sattvasaadhyo amaraadhipaha | 3 | bhootakrut bhootabhrucchaiva bhootaatmaa bhootasambhavaha | bhootabhaavashcha bhaavashcha bhootavidbhoota kaaraNam | 4 || bhootasaakshee prabhootishcha bhootaanaam paramaagatihi | bhootasanga vimeenaatmaa bhootastmaa bhootashankaraha || 5 || bhootanaatho mahaanaathah aadinaato maheshvaraha | sarvabhoota nivaasaatmaa bhootasantaapa naashanaha || 6 || sarvaatmaa sarvabhrutsarvah sarvagyah sarvanirNayaha | sarvasaakshee bruhadbhaanuh sarvavid sarvamangalam | 7 | shaantah satyah samah poorNoh ekaakee kamalaapatihi | raamo raamapriyashchaiva viraamo raamakaaraNam | 8 || shuddhaatmaa paavanonantam prateetah paramaarthabhrut | hamsasaakshee vibhushchaiva pralaya eva cha | 9 | siddhaatmaa paramaatmaa cha siddhaanaam paramaagatihi | siddhisiddhayah saadhyashcha saadhanam cha uttamaayanam | 10 || sulakshaNah sumedhaavee vidyaavaan vigataantaraha | vijvarashcha mahaabaahuh bahula aananda vardhanaha | 11 | | avyaktapurushah praagyah paragyaayah paramaarthadruk | paraapara vinirmukto muktah tattva prakaashavaan || 12 || dayaavaan bhagavaana bhaavee bhaavaatmaa bhavakaaraNam | bhavasantaapa naashashcha pushpavaan paNDito budhaha || 13 || pratyakshavastu vishvaatmaa pratyagahna sanaatanaha | pramaaNavigatashchaiva pratyaahaara niyojakaha | 14 ||

praNavah praNavaateetah pramukham praLayaatmakaha | mrutyunjayo viviktaatmaa shankaraatmaa param vapuhu || 15 || paramah tanuvigyeyah paramaatmani samsthitaha | prabodhakalanaadhaarah prabhaava pravarottamaha | 16 | chidambarah chidvilaasah chidaakaashah chiduttamaha | chitta chaitanya chittaatmaa devaanaam paramaagatihi || 17 || achetyah chetanaadhaarah chetanaachit vikramaha | chittaatmaa chetanaaroopo lasatpankaja lochanaha | 18 | parambrahma paranjyotih parandhaama parantapaha | param sootram param tantram pavitram paramohavaan || 19 || kshetragyah kshetragah kshetram kshetraadhaarah puranjanaha | kshetrashoonyo lokasaakshee kshetravaan bahunaayakaha | 20 | yogee yogapoojyashcha yogyah aatmavidaam shuchim | yogamaayaadharah sthaaNu achalah kamalaapatihi | 21 | yogesho yoganirmaataa yogagyaana prakaashanaha l yogapaalo lokapaalah samsaara tamanaashanaha || 22 || guhyo guhyatamo guptah mukto muktah sanaatanaha | gahano gaganaakaaro gambheero gaNanaayakaha | 23 | govindo gopatirgoptaa gobhaago bhaavasamsthitaha | gosaakshee gotamaarishcha gaandhaaro gaganaakrutihi | 24 | | yogayukto bhogayuktah shankaamuktah samaadhimaan | sahajah sakaleshaanah kaartaveerya varapradaha | 25 | sarajaa virajaah pumso paapanah paapanaashanaha | paraaparavinirmuktah paramiyotih puraatanaha || 26 || naanaajyotih anekaatmaa svayamjyotih sadaashivaha | divyajyotirmayah chaiva satyavigyaana bhaaskaraha | 27 | nityashuddham parah poorNah prakaashah prakaTodbhavaha | pramaadavigatah chaapi pareshah paravikramaha | 28 |

yogee yogo yogapaayashcha yogaabhyaasa prakaashanaha | yoktaa moktaa vidhaataa cha traatra paatra niraayudhaha || 29 ||

nityamukto nityayuktah satyah satyaparaakramaha | sattva shuddhikarashchaiva sattvam sattvabhrutaam gatihi || 30 || shreedharah shreevapuh shreemaana shreenivaaso amaraarchitaha | shreenidhih shreepatih shreshThah shreyaskah charamaashrayaha || 31 || tyaagee tyaagaarthasampannah tyaagaatmaa tyaagavigrahaha | tyaagalakshaNa siddhaatmaa tyaagagyah tyaagakaaraNaha | 32 | bhogo bhoktaa cha bhogyashcha bhogasaadhanakaaraNaha | bhogee bhogaarthasampanno bhogagyaana prakaashakaha | 33 | kevalah keshavah krushNam kamvaasah kamalaalaya | kamalaasana poojyashcha harih agyaanakhanDanaha | 34 | mahaatmaa mahadaadishcha maheshottama vanditaha | manovruddhi viheenaatmaam maanaatmaa maanavaadhipaha || 35 || bhuvanesho vibhootishcha dhrutirmedhaah smrutirdayaa duhkhadaavaanalah buddhah prabuddhah parameshvaraha | 36 | kaamahaa krodhahaa chaiva dambha darpa madaapahaha | agyaanatimiraarishcha bhavaarih bhuvaneshvaraha | 37 | roopakrut roopabhrut roopee roopaatmaa roopakaaraNam | || roopagyo roopasaakshee cha naamaroopo guNaantakaha | 38 | aprameyah prameyashcha pramaaNam praNavaashrayaha | pramaaNarahito chintyah chetanaavigato jaraha | 39 | aksharo ksharamuktashcha vijvaro jvaranaashanaha | vishishTo vittashaastree cha drushTo drushTaanta varjitaha || 40 || guNesho guNakaayashcha guNaatmaa guNabhaayanaha | anantaguNasampanno guNagarbho guNaadhipaha | 41 | gaNesho guNanaathashcha guNaatmaa guNabhaavanaha | guNabandhah vivekaatmaa guNayuktah paraakramee | 42 | atarkah aakrutah agnishcha krutagyah saphalaashrayaha | yagyo yagyaphaladaataa yagyee amarottama | 43 |

hiraNyagarbhah shreegarbhah svagarbhah kuNapeshvaraha |

maayaagarbho lokagarbhah svayambhooh bhuvanaantakaha | 44 |

nishpaapo nibiDo nandee bodhee bodhasamaashrayaha | bodhaatmaa bodhanaatmaa cha bhedavaitanDa khanDanaha | 45 | svaabhaavyo bhaavanirmukto vyakto avyakta samaashrayaha | nityatrupto niraabhaaso nirvaaNah sharaNam suhrut | 46 | guhyesho guNagambheerashcha guNadosha nivaaraNaha | guNasanga viheenashcha yogaaree darpanaashanaha | 47 | aanandah paramaanandah svaananda sukhavardhanaha | satyaanandah chidaananda sarvaananda paraayaNaha | 48 | sadroopah sahajah satya svaanandah sumanoharaha | sarvah sarvaantarashchaiva poorvaatpoorvaantaraaya cha | 49 | svamayah svaparah svaadi svambrahma svatanuh svagaha | svavaasaah svaviheenashcha svanidhih svaparaakshayaha | 50 | anantah aadiroopashcha sooryamanDala madhyagaha | amoghah paramaamoghah parokshah varadah kavim | 51 | vishvachakshur vishvasaakshee vishvabaahur dhaneshvaraha | dhananjayo mahaatejaah tejishNah taijassukhee | 52 | jyotih jyotirmayo jetaa jyotishaampatir aatmakaha | jyotishaamapi jyotishcha janako janamohanaha | 53 | jitendriyo jitakrodho jitaatmaa jitamaanasaha | jitasango jitapraaNam jitasamsaaravaasanaha | 54 | nirvaasano niraalambo niryoga kshemavarjitaha | nireeho nirahankaaro niraasheeh nirupaadhikaha | 55 | nityabodho viviktaatmaa vishuddhottama gouravaha | vidyaarthee paramaarthee cha shraddhaarthee saadhanaatmakaha | 56 | pratyaahaaree niraahaaree sarvaahaara paraayaNam | nityashuddho niraakaankshee paaraayaNa paraayaNaha | 57 | aNoh aNutarah sookshmam sthoolah sthoolataro api cha l ekashcha anekaroopashcha vishvaroopah sanaatanaha | 58 | naikaroopo niroopaatmaa naikabodhamayo api cha | naikanaamamayashchaiva naikavidyaa vivardhanaha | 59 |

ekah cha ekaantikashchaiva naanaabhaava vivarjitaha | ekaaksharam cha beejam cha poorNabimbah panaatanaha | 60 | mantraveeryo mantrabeejam shaastraveeryo jagatpatihi | naanaaveeryadharah chakreshah chaiva pruthiveepatihi | 61 | praaNeshah praaNadah praaNah praaNaayaama paraayaNaha | praaNapanchaka nirmuktah koshapanchaka varjitaha | 62 | nishchalo nishkalosangah nishprapancho niraamayaha | niraadhaaro niraakaaro nirvikaaro niranjanaha | 63 | nishprateeto niraabhaaso niraasakto niraakulam | nishThaasarvagatashchaiva niraarambho niraashrayaha | 64 | nirantarah sattvagoptaa shaanto daanto mahaamunihi | nihshabdah sukrutah svasthah satyavaadee sureshvaraha | 65 | gyaanado gyaanavigyaanee gyaanaatma aanandapooritaha | gyaana yagyavidaam daksho gyaanaagnih jvalano budhaha | 66 | dayaavaan bhavarogaarim chikitsaa charamaagatihi | chandramanDala madhyasthah chandrakoTi susheetalaha | 67 | yantrakrut paramo yantree yantraarooDha paraajitaha | yantravit yantravaasashcha yantraadhaaro dharaadharaha | 68 | tattvagyah tattvabhootaatmaa mahaatattva prakaashanaha | tattva sankhyaana yogagyah saankhyashaastra pravartakaha | 69 | anantavikramo devo maadhavashcha dhaneshvaraha | saadhuh saadhu varishThaatmaa saavadhaano amarottamaha || 70 || nihsankalpo niraadhaaro durdharah aatmavidpatihi | aarogya sukhadashchaiva pravaro vaasavah paraha || 71 || paramashcha puNyagadaarashcha pratyak chaitanyadurgamaha | duraadhaaro duraavaaso dooratvaparinaashavaha | 72 | vedavitvedakrut vedo vedaatmaa vimalaashayaha | vivikta sevee samsaara shramanaashana eva cha | 73 | brahmayonih bruhadyonih vishvayonih videhavaan | vishaalaaksho vishvanaatho haaTakaangada bhooshaNaha | 74 |

abaadhyo jagadaaraadhyo jagadaasarvapaalanaha | janavaan dhanavaan dharmee dharmago dharmavardhanaha | 75 | amrutah shaashvatassaadyah siddhidah sumanoharaha | khalubrahma khalusthaano muneenaam paramaagatihi | 76 | upadrashTaa cha shreshThashcha shuchirbhootah anaamayaha | vedasiddhaantah vedyashcha maanasa aahlaada vardhanaha | 77 | dehadanyo guNaadanyo lokaadanyo vivekavit | dushTa svapna harashchaiva gururguruvarottamaha | 78 | karmee karmavinirmuktam sanyaasee saadhakeshvaraha | sarvabhaavavimeenashcha trushNaasanga nivaarakaha | 79 | tyaagee tyaagavapuh tyaagah tyaagadaana vivarjitaha | tyaagakaaraNah tyaagaatmaa sadguruh sukhadaayakaha | 80 | daksho dakshaadivandyashcha gyaanavaada pravartakaha | shabdabrahmamayaatmaa cha shabdabrahma prakaashavaan | 81 | grasishNuh prabhavishNushcha sahishNurvigataantaraha | vidvattamo mahaavandyo vishaalottamavaanmunihi | 82 | brahmavid brahmabhaavashcha brahmarushih braahmaNapriya | brahma brahmaprakaashaatmaa brahmavidyaa prakaashanaha | 83 | atrivamsha prabhootaatmaa taapasottama vanditaha | aatmavaasee vidheyaatmaa cha aatmavamsha vivardhanaha | 84 | pravartano nivrutaatmaa pralayodaka sannibhaha | naaraayaNo mahaagarbho bhaargavapriya kruttamaha | 85 | sankalpah duhkhadalanah samsaara tama naashanaha | trivikramah tridhaakaarah trimoortih triguNaatmakaha | 86 | bhedatraya harashchaiva taapatraya nivaarakaha | doshatraya vibhedee cha samshayaarNava khanDanaha | 87 | asamshayacha asammooDhah avaadeeraaja nanditaha l raajayogee mahaayogee svabhaavagalito api cha | 88 | puNyashlokah pavitraanghrih dhyaanayoga paraayaNaha |

dhyaanastho dhyaanagamyashcha vidheyaatmaa puraatanaha | 89 |

avigyeyo antaraatmaa cha mukhyabimba sanaatanaha | jeevasanjeevano jeevah chidvilaasah chidaashrayaha | 90 | mahendro amara maanyashcha yogendro yogavittamaha | yogadharmashcha yogashcha tattvam tattvavinishchayaha | 91 || naikabaahuh anantaatmaa naikanaama paraakramaha | naikaakshee naikapaadashcha naathanaathottama uttamaha | 92 | sahasrasheershaapurushah sahasraakshah sahasrapaat | sahasraroopadrukaiva sahasramayoddhavaha | 93 | tripaadapurushashchaiva tripaadoordhvam athaapi cha | tryambakashcha mahaaveeryo yogaveerya vishaaradaha | 94 | vijayee vinayee jetaa veetaraagee viraajitaha l rudro roudro mahaabheemah praagyamukhyah sadaashuchihi | 95 | antarjyotir anantaatmaa pratyagaatmaa nirantaraha | aroopashcha aatmaroopashcha sarvabhaava vinirvrutaha | 96 | antahshoonyo bahishshoonyah shoonyaatmaa shoonyabhaavanaha | antahpoorNo bahipoorNah poorNaatmaa poorNabhaavanaha | 97 | antahtyaagee bahihtyaagee tyaagaatmaa sarvayogavaan | antaryaagee bahiryaagee sarvayoga paraayaNaha | 98 | antarbhogee bahirbhogee sarvabhoga viduttamaha | antarnishTho bahirnishThah sarvanishThaamayo api cha | 99 | baahyaantara vimuktashcha baahyaantara vivarjitaha | shaantahshuddho vishuddhashcha nirvaaNah prakrute paraha | 100 | akaalah kaalanemee cha kaalakaalo janeshvaraha l kaalaatmaa kaalakartaa cha kaalagyah kaalanaashanaha | 101 | kaivalyapadadaataa cha kaivalyasukhadaayakaha | kaivalya kalanaadhaaro nirbharo halaarivardhanaha | 102 | hrudayastho hrusheekesho govindo garbhavarjitaha | sakalaagama poojyashcha nigamo nigamaashrayaha | 103 | paraashaktih paraakeertih paraavruttih nidhih smrutihi | paraavidyaa paraakshaantim vibhaktiryuddha sadgatihi | 104 |

svasevyah svavidaam svaatmaa svasamvedayo naghah kshamee | 105 | svaanusandhaana sheelaatmaa svaanusandhaana gocharaha | svaanusandhaana shoonyaatmaa svaanusandhaanaashrayo api cha | 106 || svabodha darpaNobhangah kandarpakulanaashanaha | brahmachaaree brahmavettaa braahmaNo brahmavittamaha | 107 | tattvabodhah sudhaavarshah pavanah paapapaavakaha | brahmasootra vidheyaatmaa brahmasootraardhanirthaya | 108 | aatyantiko mahaakalpam sankalpaavartanaashanaha | aadivyaadhi harashchaiva samshayaarNavashoshakaha | 109 | tattvagyaanasandesho mahaanubhaavabhaavitaha | aatmaanubhava sampannah svaanubhaava sukhaashrayaha | 110 | achintyashcha brahadbhaanu pramadotkarshaadinaashanaha | aniketa prashaantaatmaa shoonyavaasaa jagadvapuhu | 111 | chidgatih chinmayah chakree maayachakra pravartakaha | sarvavarNa vidaarambhee sarvaarambha paraayaNaha | 112 | puraaNah pravaro daataa sundarah kanakaangadee | anisooyaatmajo dattah sarvagyah sarvakaamadaha | 113 | kaamijat kaamapaalashcha kaamee kaamapradaamagam | kaamavaan kaamaveshashcha sarvakaama nivartakaha | 114 | sarvakarma phalotpattih sarvakaama phalapradaha | sarvakarmaphalaih poojyam sarvakarma phalaashrayaha | 115 | vishvakarmaa krutaatmaacha krutagyah sarvasaakshiNaha | sarvaarambha parityaagee jaDonmatta pishaachavaan | 116 | bhikshurbhikshaakarashchaiva bhikshaahaaree niraashramee | akoolashchanukoolashcha vikalashchaakalo api cha | 117 | jaTilo vanachaaree cha danDee cha munDiganDinou | dehadharma viheenaatmaa cha ekaakee sangavirvajitaha | 118 | aashramyanaashrama aarambho naachaaree karmavivarjitaha | asandehee cha sandehee na kinchinnacha ninchanaha | 119 |

svaprakaashah prakaashaatmaa parasamvedanaatmakaha |

nrudehee dehashoonyashcha naabhaavee bhaavanargataha | naabrahmashcha parabrahma svayameva niraakulaha | 120 | anaghashcha gurushchaiva naadhanaadhottamo gurum | dvibhujah praakrutashchaiva janakashcha pitaamahaha | 121 | 1 anaatmaa na cha naanaatmaa neetirneetimataamvaraha | sahajah sadrushah siddhashchaikashchinmaatra eva cha | 122 | na kartaa chaapi kartaa cha bhoktaa bhoga vivarjitaha | tureeyah tureeyaateetah svacChah sarvamayo api cha | 123 || sarvaadhishThaana roopashcha sarvadhyeya vivarjitaha | sarvaloka nivaasaatmaa sakalottamavanditaha || 124 || dehabhrut dehakruchchaiva dehaatmaa dehabhaavanaha | dehee dehavibhaktashcha dehabhaava prakaashanaha | 125 | layastho layavicchaiva layaabhaavashcha bodhavaan | layaateeto layasyaanto layabhaava nivaaraNaha | 126 | vimukham pramukhashchaiva pratyanmukha varadaachana | vishvabhugvishvadhrugvishvo vishvakshemakaro api cha | 127 || avikshipto apramaado cha paraardha paramaarthadruk | svaanubhaava viheenashcha svaanubhaava prakaashanaha | 128 | nireendriyah nirbuddhih niraabhaaso niraakrutaha | nirahankaarashca roopaatmaa nirvapushih sakalaashrayaha | 129 | shoka duhkha harashchaiva bhogamoksha phalaprada | suprasannashcha sookshmashcha shabdabrahmaartha sangrahaha | 130 | aagamaapaaya soonyashcha sthaanadashcha sataamgatihi | akrutah sukrutashchaiva krutakarma vinirvrutaha | 131 | bhedatrayavaarashchaiva dehatraya vinirgataha | sarvakaamamayashchaiva sarvakaama nivartakaha || 132 || siddheshvaro jarah panchabaaNa darpahutaashanaha | chaturaakshara beejaatmaa svabhooh chitkeertibhooshaNaha | 133 | agaadhabuddhih akshubdhah chandrasooryaagni lochanam |

yamadamshTro atisamhartaa paramaananda saagaraha || 134 ||

leelaa vishvambharo bhaanuh bhairavo bheemalochanam | brahmacharmaambarah kaalah chalashchalanaantakaha || 135 ||

aadidevo jagadyonih vaasavaari vimardanaha | vikarma karmakarmagyashcha ananyagamako gamaha || 136 ||

abaddhakarma shoonyashcha kaamaraaga kulakshayaha | yogaandhakaara mathanah padmajanmaadi vanditaha || 137 ||

bhaktakaamo agrajah chakree bhaavanirbhaava bhaavakaha | bhedaantako mahaanaago nigooho gocharaantakaha || 138 ||

kaalaagnishamanah shankha chakra gadaadharaha | deepto deenapatih shaastaa svacChando muktidaayakaha || 139 ||

vyomacharmaambaro bhettaa bhasmadhaaree dharaadharaha | dharmaguptashchaanvayaatmaa vyatirekaartha nirNayaha || 140 ||

eko aneka guNaabhaaso bhaasanirbhaasa varjitaha | bhaavaabhaava svabhaavaatmaa bhaavaabhaava vibhaavavit || 141 ||

yogeehrudaya vishraamo anantavidyaa vivardhanaha | vighnaantakah trikaalagyah tattvaatmagyaana saagaraha || 142 ||

|| iti shree dattaatreya sahasranaama stotram sampoorNam ||